

22nd October 2021



### **Dear Parents and Carers**

Thank you for a great half term. It has been busy and had its challenges, but I am so proud of the way children have settled in their new classes and been so positive about their learning. We have had several visitors in school recently, including supply teachers, who have commented on how polite and engaged the children are and what a happy school it is. No one person creates that; it is the result of everyone working together, thank you. Have a wonderful half term and we look forward to seeing you back in November.

### **Kids Matter**

We have a fantastic group starting for parents after half term called Kids Matter. It is for parents of children aged 0-10 and led by local people, in a small group. There are no flip charts and 'experts'. The focus is more on sharing experiences and supporting each other and of course, tea and biscuits!

The programme lasts for six weeks and there are four sessions this year and two in January. If you think this might be for you, there is a taster session on Monday 8<sup>th</sup> November in our Community Room at 9.15am, so just after dropping off.

If you are interested, please either ask me about it on the school gate, phone 01392 462557 or email [kristina@iscachurch.org.uk](mailto:kristina@iscachurch.org.uk) Class teachers will also have some postcards with details if you ask them.

I promise that you will be made welcome, so please ask if you need help in getting there or trying to decide whether it is for you.

### **Access to drinks during the day**

It seems that there has been some discussion on social media about children not being allowed drinks during the day. Knowing how quickly these things become 'truth' I thought I would just clarify things. Children are welcome to bring juice or squash to have with their lunch whether they are school dinners or packed lunch. They should not bring fizzy drinks or energy drinks in to school.

During the day they have free access to water throughout the day. Some children choose to bring a bottle of water, others use cups provided in school. Bottles are kept in the classrooms, usually by the sinks.

### **Choir**

A reminder to be at school for 8.30 if you have got a place in the choir. Children should have all had a letter and the sessions are on a Friday morning each week.

### **Uniform**

Please can parents and carers make sure that all school uniform is named, particularly jumpers. The lunchtime staff are finding it hard to return them to their rightful owners.

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Please can children make sure they all bring coats to school as well. The weather is getting less predictable and we like to get them outside for fresh air when we can. Thank you.

### **Charities**

The children have chosen Exeter Leukemia Fund and Little Valley Animal Shelter as the donations for local charities using the money raised by our Times Tables Rock Stars Day.

### **Year 6**

If you have a child in Year 6 and have not yet applied for high school, the deadline for this is Sunday 31<sup>st</sup> October. If you miss this deadline, you will be much less likely to get your first choice in school. If you are struggling to fill out the application, please pop in and see us and we will do our best to assist you.

**Week 2**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Meal</b>	<b>Main Meal</b>	<b>Main Meal</b>	<b>Main Meal</b>	<b>Main Meal</b>
Hand Stretched Focaccia Bread Pizza with Crispy Round Potatoes and Sweetcorn	Sausage with Yorkshire Pudding with Colcannon, Peas and Gravy	Roast Chicken Breast, Roast or Creamed Potatoes and Fresh Vegetables with Optional Gravy	Beef Bolognaises with Pasta and Roasted Root Vegetables	Chicken Breast Nuggets, French Fries and Veggie Sticks
<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>
Spinach, Roasted Pepper and Lentil Ragout with Pasta and Sweetcorn	Halloumi Stuffed Peppers with Potato Wedges	Roasted Vegetable Wellington, Roast or creamed Potatoes and Fresh Vegetables	Mushroom Biryani with Cucumber Raita and Vegetable Korma	Quorn Nuggets, French Fries and Veggie Sticks
<b>Jacket Potato</b>	<b>Jacket Potato</b>	<b>Jacket Potato</b>	<b>Jacket Potato</b>	<b>Jacket Potato</b>
Cheese / Beans / Tuna	Cheese / Beans / Tuna	Cheese / Beans / Tuna	Cheese / Beans / Tuna	Cheese / Beans / Tuna
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Chocolate Courgette Cake	Peach Melba Slice	Fresh Fruit	Banana and Raspberry Cake	Cookie