



Dear Parents and Carers

We are having a great end of term in school! The Year Two and Year Six play were fantastic and the children should be so proud of how they worked together as a team. Thank you to all the parents who attended; we can always rely on a good turnout for you to come and support your children!

The menu for today has changed to chicken nuggets and chips in a bag or veggie nuggets and chips. There are no jacket potatoes. Also, just a reminder that there is no after school club today and school will be finishing at 3:20pm.

We have also had all the results in for our **statutory data**, so I thought I might share some of the results with you.

Year 6

In year 6 the children sit SATs tests and the scripts are sent away for external marking.

	Expected level Willowbrook 2024	Expected level Nationally 2023	Higher level (GDS) Willowbrook 2024	Higher level (GDS) Nationally 2023
Reading	69%	73%	31%	29%
Writing	69%	71%	13%	13%
Maths	76%	73%	31%	24%
All three combined	67%	60%		

We are thrilled that our combined results are above other schools Nationally and that we are getting more children to the higher levels than the National picture. Well done to all the children and the staff who have taught them for the last seven years!

Year 4 Multiplication Test

This is a test the children take online to check whether they are fluent in their times tables. They have 25 questions and 6 seconds to answer each question!

% scoring 20+	% scoring 22+	% scoring 25
88%	86%	74%

This is truly fantastic! Last year nationally, only 29% of children achieved full marks and we have more than doubled that!

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Well done Year 4!

Year 1 Phonics Screening

86% of children passed the phonics screening check in year One; well done!

Last year nationally, 79% of children passed, so we are 7% above the National figure.

Well done children and also a testament to the new phonics scheme we have introduced.

Early Years

In the Early Years, children are assessed by staff across a whole range of areas that they will need to be successful in school, including persona development and social skills.

These assessments then give you what is known as a 'Good Level of Development'.

At Willowbrook this year, we have 53% of children in Reception that have achieved this.

The national figure for last year was 67% so we are below the national picture. In most areas that are assessed, we compare well with the national picture, but the children's writing skills are still coming out low and this affects the overall judgement. We will continue to work on this!

Overall, it is a fantastic set of data and children, staff and families should be proud of the progress children are making.

Staff Changes

We are saying goodbye to many familiar faces at the end of this term. Mrs Cuthbertson, our kitchen manager is moving to another position outside school; Miss Sweetland and Mr Dibble are going off to teach elsewhere in Devon; Mrs Davies and Mrs Boden are going to take up posts in other Exeter schools; Mrs Crosswood is going on maternity leave; Miss Adnams is leaving to start her teacher training; Mr Hooper is leaving the Pod.

The office will look very different as both Mrs Horn and Miss Morgan are leaving.

Thank you to all of those staff who have worked so hard for the children. We will miss you and wish you all the best for the future.

Library Books

As we approach the end of the school year, may we ask you to have a really good look for any overdue library books? Some books have not been returned for a very long time and it makes a huge difference to the children who are then unable to borrow them to read. Last year we lost over 600 books! If you absolutely cannot find them you may wish to provide a replacement copy, as several parents have done (Huge thanks to them!) or to give a donation of £5 to £10 towards the cost of replacing them. Many thanks to those children (and parents!) who make sure that their books are returned on time.

Dinner Money

Please can you make sure that you check any outstanding balances and make sure that any debt is cleared. Thank you.

Scooters and bikes

Please can you make sure you take home all the scooters and bikes that belong to you as any left in the sheds will be removed as they get cleaned over the summer. We have had a few scooters taken home in error recently so please double check that your child is bringing

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home the right one. We are still missing a black scooter with pink details that has the child's name on it. If you have taken this home in error please return today.

Classes for next year

Please see below for classes for September.

Current class	Class next year
Miss Pilkington year 1	Mrs Mellors/Mrs Treble year 2
Miss Shawyer Year 1	Mrs Stockton Ball year 2
Mrs Mellors/Mrs Treble year 2	Miss Foweraker year 3
Mrs Boden Year 2	Mr Hunt year 3
Mr Hunt year 3	Miss Ramsdale year 4
Ms Sweetland year 3	Mr Ellis year 4
Miss Foweraker year 4	Miss Turner year 5
Mr Ellis year 4	Mr Pengelly year 5
Miss Turner year 5	Miss Walker year 6
Miss Walker year 5	Mrs Busby-Grayer and Mrs Roberts

Mrs Elworthy, Mrs Morgan and Miss Stanbury will be teaching Reception
Miss Pilkington and Miss Shawyer will be teaching Year 1

Dates for your calendar

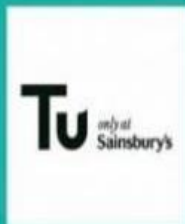
Last day of term – Tuesday 23rd July

First day of term in the new school year Thursday September 5th – school will start at the normal time of 8.50 with classroom doors open from 8.40

Who is doing School Uniform discounts this Summer?



25% off School Uniform, starting on Tuesday 23rd July.



25% off School Uniform until Thursday 27th June.



20% off all School Uniform from Thursday 2nd July.



£5 School Uniform Bundle available from Thursday 4th July.



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE SUMMER HOLIDAYS 2024



moneysavingcentral.co.uk/kids-eat-free

LAS IGUANAS

Join 'My Las Iguanas' via the App & Niños eat free with every adult main

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

IKEA

Kids get a meal from 95p daily from 11am

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

TESCO CAFES

1 Free Kids meal with every 60p Spend. Available from July 1st Scotland and NI - from July 22nd England & Wales

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

YO! SUSHI

From Monday 1st July - Friday 30th August 2024, kids eat free all day Mondays to Fridays at YO! Sushi (min adult spend £10).

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

COCONUT TREE

One child (aged 10 and under) eats free per paying adult. Valid Daily, 12pm - 6pm from Monday 22nd July to Friday 6th Sept 2024.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about WORRY AND ANXIETY

Worry and anxiety are common emotions experienced by children, often triggered by uncertainty or fear. While worry involves concern about future events, anxiety is a persistent feeling of dread or apprehension. Current statistics indicate a rising prevalence of anxiety disorders among children, and this guide has some expert advice on understanding and addressing these concerns.

UNDERSTANDING WORRY AND ANXIETY

Worry and anxiety are emotional responses to stress or uncertainty. Worry is typically associated with potential misfortune, while anxiety is characterised by feelings of fear, apprehension or unease. Both can manifest physically through symptoms such as restlessness, fatigue or muscle tension. Understanding the distinction between worry and anxiety is crucial for effectively addressing these concerns in children.

DIFFERENTIATING WORRY FROM ANXIETY

While worry and anxiety share similarities – in that they both involve concerns about possible trouble – anxiety tends to be more constant and overwhelming. Worry may come and go depending on circumstances, whereas anxiety can linger regardless of the situation. It's essential to recognise when the former crosses into the latter, as anxiety can significantly impact a child's daily functioning and wellbeing.

WHAT ARE THE RISKS?

LONG-TERM CONSEQUENCES

Untreated worry and anxiety in childhood can have potentially lifelong impacts on a person's mental health and wellbeing. Chronic anxiety may increase the risk of developing anxiety disorders, depression or other mental health conditions later in life. Additionally, unresolved worry and anxiety can negatively impact self-esteem, confidence and overall resilience. It's essential to address these concerns proactively and provide appropriate support and intervention.

THE IMPACT ON CHILDREN

Excessive worry and anxiety can have profound effects on children's mental and emotional health. It may interfere with their ability to concentrate, sleep or participate in daily activities. Chronic worry and anxiety can also lead to physical symptoms such as headaches, stomach aches or difficulty breathing. Left unchecked, these concerns can escalate and potentially contribute to the development of anxiety disorders later in life.

THE EMOTIONAL TOLL

The emotional impact of worry and anxiety on children can be significant, affecting their overall quality of life and wellbeing. Children experiencing chronic worry or anxiety may feel overwhelmed, irritable or helpless. They may also withdraw from social activities or avoid situations that trigger their anxiety, leading to feelings of isolation or loneliness. Addressing these concerns early can help prevent long-term emotional distress and promote healthy coping strategies.

ACADEMIC & SOCIAL IMPACTS

Impacts on the academic performance and social interactions of children and young people are very possible. Frequent worry or anxiety may impair concentration, memory and problem-solving skills, making it difficult for children to succeed in education. Anxiety can also hinder social development by causing children and young people to avoid social situations or to struggle with communication and interpersonal relationships, potentially leading to feelings of isolation or exclusion.

Advice for Parents & Educators

ENCOURAGE OPEN COMMUNICATION

Parents and educators can foster a supportive environment by encouraging children to express their worries and anxieties openly. Actively listening and acknowledging young people's emotions can help them feel understood and supported, reducing the situation's intensity. Creating opportunities for regular check-ins and discussions about one's feelings can promote healthy coping strategies and strengthen communication bonds.

CREATE A SUPPORTIVE ENVIRONMENT

Parents and educators play a crucial role in creating a supportive environment that promotes emotional wellbeing. Establishing routines, providing predictability and offering reassurance can help relieve anxiety and create a sense of security for children. Foster a culture of empathy and understanding, where children feel safe enough to express their emotions and seek support when needed.

TEACH COPING STRATEGIES

Empowering children with effective coping strategies is essential for managing worry and anxiety. Encourage the use of relaxation techniques such as deep breathing, mindfulness or progressive muscle relaxation to calm anxious thoughts and promote a sense of composure. Additionally, teaching positive self-talk and problem-solving skills can help children develop resilience and confidence in managing challenging situations.

SEEK PROFESSIONAL HELP

Recognising when to seek professional help is vital for addressing significant or persistent worry and anxiety in children. If worry or anxiety significantly impacts a child's daily functioning, interferes with their relationships or academic performance, or causes significant distress, it may be necessary to consult with a mental health practitioner. Early intervention can prevent long-term consequences and promote positive outcomes for children's psychological wellbeing.

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which collaborates with schools on improving their mental health provisions.



The National College

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