

5<sup>th</sup> February 2021



Dear Parents and Carers

A huge thank you for keeping going with the home learning. I love looking at the work that is sent in and seeing the children (and some adults!), having a go at Miss Stanbury's sporting challenges. We have seen a real increase in the amount of learning being done this week and hope that it is manageable for you all. If you have any comments or suggestions regarding home learning, please email them in; you can use either the year group email or the admin email, thank you.

### **Technology**

If there is anyone at home who is still struggling with access to technology, please do get in touch with teachers on the year group email. We have been getting chrome books out to families and it is making a big difference. Obviously, the supply is limited but the more we know about the need, the better we will be able to share them out!

### **Mental Health**

This week is Children's Mental Health Week and the link below will take you to some really useful resources and activities that you can do with your children as well as other information. The focus is on expressing yourself and being able to talk about your feelings.

In school we encourage children to talk about how they feel and to understand that no feelings are 'wrong' feelings, but sometimes you show them in a way that is not helpful to anyone. Younger children often show their feelings though the way they behave and it can often help if adults help them by naming those feelings.

This is so important at the moment in such strange times; I hope the resource below is useful.

<https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>

### **Lockdown Lunches**

Are you fed up with trying to decide what to have for lunches every day? Try some of the suggestions below for tasty suggestions.



### [Cheap Lockdown Lunches for Kids - Change4Life](#)

Discover the Change4Life range of cheap, easy and tasty lockdown lunches – each set of 5 comes in at under £15.

[click.email.edenred.co.uk](mailto:click.email.edenred.co.uk)

### **Hot Meals**

A reminder that you can order hot meals every day for children. Please pay on the gateway, thank you. The menu for next week is below.

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### Parking

Please only come on to the school site to park, if you have an agreement with school to do so. Please do not stop on the double yellow lines outside the school or on the zig zags; now that the road is open this is even more dangerous for the children.

### Half Term Vouchers

The vouchers for free school meal children to cover the half term break have now been fully distributed.

Monday 8th February	Tuesday 9th February	Wednesday 10th February	Thursday 11th February	Friday 12th February
Beef Bolognese bake with pasta twists and cheese and garlic bread  Vegetarian Bolognese bake with pasta twists and cheese and garlic bread	Hot sausage roll with roast potatoes, green beans and carrots  Hot vegetarian sausage roll, green beans and carrots	Pepperoni and ham pizza with sweetcorn and potato wedges  Margherita pizza with sweetcorn and potato wedges	Roast Chicken with roast potatoes, vegetables, stuffing and gravy  Quorn roast with potatoes, vegetables, stuffing and gravy	Battered cod with chips, peas or beans  Vegetable nuggets with chips, peas or beans
yoghurt	Shortbread with fruit slices Or yoghurt	Banana muffin Or yoghurt	Raspberry jelly Or yoghurt	Chocolate cookie Or yoghurt