



Allergen Matrix

Willowbrook Spring 2024



-  Celery
-  Crustaceans
-  Eggs
-  Fish
-  Gluten
-  Lupin
-  Milk
-  Molluscs
-  Mustard
-  Nuts
-  Peanuts
-  Sesame
-  SO₂
-  Soya

-A- Chocolate Cookie					✓ <i>Oats, Wheat (Barley*)</i>									
-A- 5 Bean Enchilada with Chips, Baked Beans - 305g					✓ <i>Wheat</i>		✓						✓	
-A- Beef Bolognese and Pasta, Garlic Focaccia, Salad 308g					✓ <i>Wheat</i>				✓				✓	?
-A- Beef Burger with Potato Wedges, Peas 295g					✓ <i>Wheat</i>							?		
-A- Blueberry Muffin 55g			✓		✓ <i>Wheat</i>									
-A- Breaded Fish, Chips and Beans 220g				✓					✓					
-A- Broccoli and Cauliflower Bake, Roast Potatoes, Vegetables and Gravy 321g							✓						✓	
-A- Brunch - Sausage, Bacon, Saute Potatoes and Beans													✓	



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Butchers Sausage, Chips & Baked Beans													✓	
-A- Butchers Sausage, Mash, Peas and Gravy 262.23g													✓	
-A- Cheese and Bean Pasty with Chips & Baked Beans 260g					✓ <i>Wheat</i>		✓							
-A- Cheese and Bean Pasty, Potato Wedges, Sweetcorn and Carrots 260g					✓ <i>Wheat</i>		✓						✓	
-A- Chicken Bites, Chips and Beans - 220g					✓ <i>Wheat</i>									
-A- Chocolate Courgette Cake 50g			✓		✓ <i>Wheat</i>									
-A- Chocolate Krispie Cake 39g					✓ <i>Barley</i>		✓							
-A- Flapjack 50g					✓ <i>Oats (Barley*, Wheat*)</i>									
-A- Ham and Cheese Pasta, Garlic Focaccia, Salad					✓ <i>Wheat</i>		✓		✓				✓	?
-A- Hand Stretched Margherita Pizza, Sauté Potatoes and Peas					✓ <i>Wheat</i>		✓							



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Ice Cream Pot - 80ml							✓							
-A- Jacket Potato with Beans and Salad 351g														
-A- Jacket Potato with Cheese and Salad - 321g							✓							
-A- Jacket Potato with Cheese, Beans & Salad 366g							✓							
-A- Jacket Potato with Tuna Mayo & Salad 351g			✓	✓					✓					
-A- Jam and Coconut Sponge - 55g			✓		✓ <i>Wheat</i>								✓	
-A- Lemon Drizzle Cake 52g			✓		✓ <i>Wheat</i>								✓	
-A- Macaroni Cheese, Focaccia Bread and Peas - 290.76g					✓ <i>Wheat</i>		✓		✓					✓
-A- Marble Cake 55g			✓		✓ <i>Wheat</i>									
-A- Mild Chicken Korma, Rice and Sweetcorn 222g					Ⓜ <i>(Wheat*)</i>				✓				✓	
-A- Oaty Cookie 51.61g					✓ <i>Oats, Wheat (Barley*)</i>									



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Potato and Vegetable Frittata, Saute Potatoes and Peas			✓				✓						✓	
-A- Quorn Sausage, Sauté Potatoes, Peas-202g					✓ Wheat									
-A- Quorn Sausage, Wedges, Baked Beans 202g					✓ Wheat									
-A- Raspberry Muffin 48g			✓		✓ Wheat									
-A- Roast Chicken, Potatoes, Carrots and Cabbage, Gravy 263.5g													✓	
-A- Roast Gammon, Potatoes, Vegetables , Gravy 254g													✓	
-A- Roast Turkey with Roast Potatoes, Carrots, Cabbage and Gravy 253.5g													✓	
-A- Roasted Vegetable Ratatouille, Pasta, Garlic Focaccia and Salad					✓ Wheat				✓				✓	?
-A- Shortbread 58g					✓ Wheat									
-A- Strawberry Jelly & Apple Slices 105g														



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Sweet Potato and Butternut Korma, Rice, Peas 336.6g					Ⓜ (Wheat*)				✔				✔	
-A- Tomato and Basil Pasta, Garlic Focaccia, Mixed Salad - 170g					✔ Wheat				✔				✔	Ⓜ
-A- Vegetable Cottage Pie, Peas and Gravy 319g													✔	
-A- Vegetable Nuggets, Chips, Beans 217.5g					✔ Wheat									
-A- Vegetable Wellington, Roast Potatoes, Vegetables and Gravy 375g					✔ Wheat								✔	
BBQ Chicken Pizza, Wedges and Salad - 293g					✔ Wheat		✔							
Breaded Fish, Chips and Sweetcorn				✔					✔					
Mushroom Biryani, with Sweetcorn					Ⓜ (Wheat*)				✔				✔	
Tomato and Cheese Potato Gnocchi with Focaccia Bread and Sweetcorn					✔ Wheat		✔		Ⓜ				✔	Ⓜ