

# Week 1 Menu



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Meal</b>	<b>Main Meal</b>	<b>Main Meal</b>	<b>Main Meal</b>	<b>Main Meal</b>
Chicken Pasta Bake with Focaccia Bread and Sweetcorn	Brunch Grill, Sausage Bacon, Beans and Sauté Potatoes	Roast Chicken, Potatoes and two Fresh Vegetables with Gravy	Minced Beef Pie with Wedges and Cabbage	Breaded Fish with French Fries and Peas
<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>
Crispy Cauliflower Bites with Bbq Dip. Wedges and Sweetcorn	Spinach, Squash Sweet Potato & Lentil Curry with Sunshine Pilaf Rice	Cheesy Leek and Potato Gratin, 2 Fresh Vegetables	Winter Vegetable Frittata with Wedges and Cabbage	Quorn Nuggets with French Fries and Peas
<b>Jacket Potato</b>	<b>Jacket Potato</b>	<b>Jacket Potato</b>	<b>Jacket Potato</b>	<b>Jacket Potato</b>
With Cheese / Beans	With Cheese / Beans / Veg Curry	With Cheese / Beans / Tuna	With Cheese / Beans / Tuna	With Cheese / Beans
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Fresh Fruit	Chocolate Sponge	Yoghurt / Fruit	Lemon Drizzle Cake	Oaty Cookie

# Week 2 Menu



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Meal</b>	<b>Main Meal</b>	<b>Main Meal</b>	<b>Main Meal</b>	<b>Main Meal</b>
Ham Carbonara with Pasta and Sweetcorn	Beef Hot Pot with Carrots and Peas	Roast Turkey, Potatoes and two Fresh Vegetables with Gravy	Sausage, Mash, Cabbage and Gravy	Chicken Nuggets with French Fries and Peas
<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>
Veggie Tacos with Carrot Chips and Sweetcorn	Focaccia Bread Pizza with Wedges, Carrots and Peas	Cheese, Cauliflower and Broccoli Bake with Potatoes and 2 Fresh Vegetables	Vegetable Lasagne with Courgette Pasta, Garlic Focaccia Bread and Mixed Salad	Quorn Hotdog with French Fries and Peas
<b>Jacket Potato</b>	<b>Jacket Potato</b>	<b>Jacket Potato</b>	<b>Jacket Potato</b>	<b>Jacket Potato</b>
With Cheese / Beans	With Cheese / Beans	With Cheese / Beans / Tuna	With Cheese / Beans / Tuna	With Cheese / Beans
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Fresh Fruit	Banana and Raspberry Cake	Yoghurt / Fruit	Apple Cake	Rice Krispy Cake